**Diabetes Education**

What: EACN Diabetes Education Classes

When: 2nd and 4th Thursday of each month

Time: 5pm

Location: UF Health Family Medicine

 1707 N. Main Street

 Gainesville, FL 32609



Notes for HOQI Volunteers:

* Appointments
	+ Recommended
	+ Made through Practice Fusion
	+ No max appointments- any number of patients can sign up
* Topics alternate each week
	+ Week 1: Blood sugar goals, what to do when you have high or low BP, how and when to test, how to manage complications
	+ Week 2: Meal planning, portion sizes, carbohydrates, how to safely lose weight