**Diabetes Education**

What: EACN Diabetes Education Classes

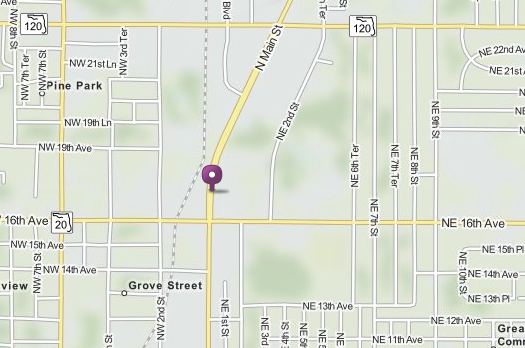
When: 2nd and 4th Thursday of each month

Time: 5pm

Location: UF Health Family Medicine

1707 N. Main Street

Gainesville, FL 32609



Notes for HOQI Volunteers:

* Appointments
  + Recommended
  + Made through Practice Fusion
  + No max appointments- any number of patients can sign up
* Topics alternate each week
  + Week 1: Blood sugar goals, what to do when you have high or low BP, how and when to test, how to manage complications
  + Week 2: Meal planning, portion sizes, carbohydrates, how to safely lose weight